

FLORIDA KEYS HEALTHY START COALITION



KEYS TO HOPE VOLUNTEER OPPORTUNITY

Through this program, volunteers can help provide support to families who have experienced the loss of a pregnancy, baby or a child.

WHAT IS THE KEYS TO HOPE PROGRAM?

This program is comprised of trained community liaisons, licensed mental health professionals, and families who have been through this experience and are dedicated to being there for other families.

Services include:

- In person support to guide bereaved families in next steps after the loss of a child
- What to expect at home after a loss
- Help with funeral arrangements through The Gabriel Project
- Bereavement Box to help memorialize the child who has passed away
- Referrals to certified mental healthcare provider
- Access to a certified lactation consultant to gently suppress lactation or to donate milk in your baby's honor
- Access to miscarriage kits for those experiencing a loss at home
- Ongoing support by connecting bereaved families with other local families who have experienced loss as well.

As a Keys to Hope volunteer, you may help in any of these areas or bring your own unique talents to the program.

This adorable ladybug is in memory of Abigail Junebug Rose Berlanga. She inspired her mother, Amanda, to become of founding member of the Keys to Hope program (an outreach of the Florida Keys Healthy Start Coalition). The ladybug has become a symbol of hope and love for both Abigail's family as well as the Coalition.



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supporter
of this program.



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BENEFITS TO VOLUNTEERING

Keys to Hope is grateful for those who chose to support grieving families in Monroe County.

We can help provide volunteers with:

- Training and education to help better equip you to support the bereaved and teach you valuable skills
- Recognition and appreciation
- Letter recognizing your volunteer hours

NEXT STEPS

- Fill out volunteer application, waiver & release, background check authorization and pay \$20 fee.
- Meet with the Keys to Hope Program Director to go over specific volunteer opportunities and find your best fit within the program, as well as to have any questions answered.
- Attend Coalition introduction webinar to meet CEO, learn about the Coalition and have any questions answered. This is required and shouldn't take more than 30 minutes.
- Availability of assisting families will be discussed.



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